



अनुभूति Anubhuti

A Newsletter of Vidhyashram International School, Uchiyarda, Jodhpur

Volume No. 34 (OCT 2023 - APR 2024)

Dear Parents,

Happy 2024!

As we embark on this new year, I extend warm wishes to you and your families. May 2024 bring joy and prosperity. Your support and partnership are invaluable as we work together for the success and well-being of our students.

Reflecting on the past academic session, we've achieved remarkable milestones. Winning the Education World Award and securing top ranks in Jodhpur and Rajasthan demonstrate our commitment to academic excellence. Cultural shows like Kadam and Virasat showcased our students' talent and celebrated our cultural heritage. Excursions, trips, and Mental Health Week emphasized holistic development, fostering camaraderie and creating lasting memories.

Science Exhibitions highlighted our students' innovative spirit and deep understanding of scientific principles. Events like Rashtriya Ekta Diwas promoted unity and national pride. The Pre RDC Camp of NCC provided invaluable experiences in leadership and teamwork for our cadets.

Our partnership with SPICMACAY continues to enrich our cultural landscape, providing students with opportunities to explore India's cultural heritage.

As we look ahead, I am confident in our continued success and growth in the upcoming year.



Dr (Mrs) Bharti Swami

Principal

Vidhyashram International School

AWARDS AND ACHIEVEMENTS

Education World India School Rankings

The "Education World India School Rankings", an august accolade, annually conferred, bestows its imprimatur upon educational establishments that exhibit a superlative performance in a multifarious range. Vidhyashram International School has ascended to the pinnacle of scholastic distinction by clinching the First Rank in Jodhpur and Seventh in Rajasthan under the 'Co-Educational Day School' category. Dr (Mrs) Bharti Swami, the proud Principal, accepted the award on behalf of the management, the dedicated staff members and students. This superlative achievement serves as a testament to the institution's unwavering dedication to erudition, innovative pedagogical paradigms, and the holistic maturation of students. The school has continued to be the best in its category consecutively for second year. Earlier as well, it was awarded best in this category five times in six years.



AWARDS AND ACHIEVEMENTS

Science Exhibition

The team of students from Vidhyashram International School won accolades in the Science Exhibition held at Lucky Bal Niketan Senior Secondary School. Among the top schools of the city, the young innovators of Grade IX and Grade XI were adjudged winners, as they presented wonderful models and charts based on the given themes Modern Technology in India and Global Survival Science. The sole aim of this activity was to incentivize creative liberty and invigorate the students' mind to strive for cerebral solutions to critical problems. The champion teams from Vidhyashram made outstanding working models and synopsis charts on Emerging Technology to Control Traffic and impressed the judges who awarded them on the basis of creativity, research, design and presentation. Dr (Mrs) Bharti Swami congratulated the winners and appreciated the efforts of all the participants including their teachers emphasizing that in this ever changing world, team efforts and mutual desire for a better future is our raison d'être.





AWARDS AND ACHIEVEMENTS

Inter School Cultural Competition, “Manthan”

Our students proved their mettle in the Inter School Cultural Competition, “Manthan” held at Delhi Public School, Pali Road. In the three-day fiesta, the students won certificates and medals in various categories such as Tune Tribe, the group song competition, where the team was awarded on the basis of theme and confidence, besides their singing skills. Similarly, in the Shark Tank Contest, students from senior classes presented unique business ideas and market plans to acquired plaudits. Poornima from Grade VII, won the prize in the Solo Dance Competition by showcasing excellence in choreography, make-up and costume. As a school team, Vidhyashram won at least three prizes in the Caricature contest, proving their talent. The Principal Dr (Mrs) Bharti Swami congratulated the entire team and encouraged students to participate more in such contests, to polish their talents.



AWARDS AND ACHIEVEMENTS

Rajmata Krishna Kumari Girls Cricket Tournament

Vidhyashram International School triumphs in the Rajmata Krishna Kumari Girls Cricket Tournament, defeating Aurobindo School by 9 wickets in a thrilling 10-over match. Captain Laxmi Kanwar led the way, with Anshika emerging as the highest scorer of more than 30 runs. "Woman of the Match" honor went to Anshika, as her stellar contribution played a pivotal role in the school's victory.



Prize Distribution Ceremony : Olympiad Exams

At Vidhyashram, a culture of Olympiad participation and excellence is thriving, with an increasing number of students encouraged to partake and excel in IEO, IGKO, NSO, and IHO. In recognition of their outstanding achievements, a prize distribution ceremony was held in the school, where medals were bestowed upon at least 30 gold medal winners by the honorable Principal, Dr (Mrs) Bharti Swami. Olympiad Exams serve as an invaluable platform for refining the learning journey of students, fostering their academic prowess and problem-solving abilities across a spectrum of subjects, including Science (NSO), Hindi (IHO), English (IEO), and General Knowledge (IGKO). Congratulating the students, the Principal said that the significance of excelling in Olympiad Exams extends far beyond academic achievement as it serves as a gateway to scholarships, international competitions, and prestigious educational opportunities, thereby enriching students' academic and personal development.



06th OCT 2023: Mental Health Week (Manodarpan)

As per the initiative of the Ministry of Education, observance of Mental Health Week (Manodarpan) was undertaken in School premises, from 4th to 10th October. In a healthy initiative, aimed to highlight the importance of mental health, a talk was organized about emotional well being by Ms. Vibha Gaur and Ms. Monika Jain, Yoga Instructors. It was followed by a beneficial yoga session for all the classes, which included useful stretching exercises and some popular yogasans such as Bhujasasan, Tadasan and Vajrasana. Yoga is recognized world wide as an effective tool to cope with stress, navigate mental health issues and it is worth noting that yoga sessions have always been a regular feature in the school since its inception.



07th OCT 2023: Excursion of Primary Wing

An exhilarating one-day trip was organized by Vidhyashram International School to Arna Jharna, the Desert Museum for Grade I-III. The fun-filled excursion was marked by some thrilling activities, such as puppet show, nature walk and story telling sessions. The beautifully designed museum was a treat to experience as the young students witnessed some of the ancient tools and instruments. The students wholeheartedly enjoyed themselves throughout the day dancing to the beats of folk music by ' Langa Group', followed by some lip-smacking snacks.

The adventure-packed day reinvigorated their enthusiasm for school, leaving them with smiles and cherished moments.



11th OCT 2023: Excursion of Grade IV-VIII

An exhilarating one-day trip was organized by Vidhyashram to Out Of The Water Park. The fun-filled excursion was marked by some thrilling water activities, such as water rides, lazy river, rain dance etc. After a day filled with thrilling adventures, the students' enthusiasm for school soared, leaving them brimming with energy and unforgettable memories.



14th OCT 2023: Educational trip to Gujarat

A 4-day Educational Trip was organized to Gujarat for 126 students of Grade VIII and Grade XII. The well-planned outing included visits to Sabarmati Ashram, Statue of Unity and Amul Dairy. Under the supervision of 11 teachers and Principal Ma'am herself, the students had a memorable time as they traveled by the Vande Bharat train and stayed at a luxurious hotel. It was a great learning experience as the students got to witness some historical places, learnt about 800 Amul projects and watched some meaningful documentaries. Great memories were created as children enjoyed dance parties in the evenings and relished some lip-smacking food.



17th OCT 2024: Navratri Celebration

A special assembly was organised by the Primary Wing to celebrate the festival of Navratri, the Hindu festival observed in honour of the Goddess Durga, the Supreme Goddess. To everyone's delight, the little toddlers of Grade I were dressed as the nine forms of Goddess Durga and introduced themselves one by one. The ambience was thrilling, as it was followed by a reverberating Dandiya performance. An oral quiz was also organised to enhance the knowledge of the festival of Durga Puja, honouring the feminine divine power and signifying the importance of the victory of good over evil.



18th OCT 2024: Educational trip to Udaipur Grade VII

An exhilarating three-day trip was organised by Vidhyashram International School to Udaipur, City of Lakes for the students of Grade VII. The fun-filled excursion began by a fun visit to the fish aquarium, where the students got the chance to see different varieties of fish species. The light and sound show of Maharana Pratap Smarak left the students in awe. The next day began with a visit to the famous Jagdish Temple followed by the most awaited visit to the grand City Palace. The students were amazed to witness the great historical monument. After lunch, students got the chance to visit the Celebration Mall, considered to be the best mall in Udaipur. Next, the students visited the Kala Mandal, the beautifully designed museum was a treat to watch as the young students witnessed some of the ancient traditions, tools and instruments followed by the fun-filled puppet show. In the evening they visited Saheliyon ki Bari wherein the students got an opportunity to witness the mesmerizing gardens and magical fountain.



The DJ night was the most awaited, the students danced to the beats of their favorite songs with their friends. The next day visit to Haldi Ghati filled them with pride for Maharana Pratap, offering a firsthand glimpse into his life's struggles to liberate his motherland from the Mughals. Their spirits were reignited by this adventure-packed excursion, leaving them with smiles and cherished memories.



28th OCT 2024: Dussehra Celebration

The festival of power, unity and goodness, Dussehra, was celebrated in the special assembly conducted by the students of Grade VII. A beautiful bhajan glorifying Lord Ram was sung and a musical drama was performed, depicting the ancient Sanskrit epic of Ramayana. The mesmerized students witnessed Lord Rama's quest to rescue his wife Sita from the clutches of Ravana with the help of an army of monkeys. Such school assemblies are a learning experience as they enrich young minds about our Indian culture and values of festivals.



6th Nov 2023: KADAM (Class Show of Primary Wing)

A grand cultural show KADAM, Step Towards Enlightenment, was presented in the school auditorium. The wonderful display was put together by the students and teachers of the Primary Wing, depicting the journey of India from its strong cultural, academic roots to its global credibility in the 21st century space program. The colourful, well rehearsed students impressed everyone, including the guests and 900 excited parents. The ambience was full of appreciation for the young toddlers, as the Chief Guest Shri. R V Haraprasad, Director of Defence Laboratory, Jodhpur stated that the show depicted a well coordinated idea, that India has always been the world leader. The grand program began with the welcoming of all the dignitaries, including the Guest of Honour, Shri Narendra Jain, former Director DLJ. It was followed by the traditional lighting of the lamp and honouring the guests by the Principal Dr (Mrs) Bharti Swami, Director, Gp Capt S K Sharma and the Academic Head of Primary Wing, Mrs Parvinder Kaur. In his address, the Chairman of the school Shri Vinay Kumar Jain praised the efforts of the entire team and asserted that India can step into a bright future, taking huge inspiration from its golden past.





09th NOV 2023: Special Assembly (Diwali celebration)

As part of Diwali celebrations in the Primary Wing, a special assembly was organised by the students of Class V. The exhilaration and celebratory spirit of Diwali was revered as a short musical version of Ramayana was presented, followed by Diya Making and Diwali card making activities, which were then gifted to parents and teachers. The Academic Head, Mrs Parvinder Kaur, conveyed her Diwali greetings to the students and shared some tips on how to have a safe and environment-friendly Diwali.



11th NOV 2023: Diya Decoration

The festive season was celebrated, with a diya decoration activity. Embellishment of deepaks is a cherished tradition in Indian culture, symbolizing the triumph of light over darkness. This creative venture not only fostered a connection with our heritage but also encouraged artistic expression, fostering a sense of pride. The artful and alluring decorated diyas were a reflection of light and positivity, promoting values of compassion.



07th DEC 2023: International Day Of Persons with Disabilities

Interact club members came together by organizing an assembly dedicated to fostering awareness, empathy and most importantly respect for differently-able people. Interact club members shared inspiring stories, emphasizing that disabilities do not limit one's potential. In a special demonstration of commitment, students pledge to respect and embrace the potential of those facing disabilities, aiming to foster a meaningful and empathetic society.



09th DEC 2023: Viraasat: Bharta Ki Gaurav Gatha (Class Show of Middle Wing)

The annual function, "Viraasat- Bharat Ki Gaurav Gaatha" organised by the Middle Wing of Vidhyashram International School, unfolded as a grand tapestry of cultural brilliance. The event began with a ceremonial lamp lighting by the Chief Guest Dr. Amrita Duhan, DCP Jodhpur, and Sh. Gaurav Jain, CEO Vidhyashram International School. Students' performances were a kaleidoscope of traditions, depicting the vibrant history of our nation which kept the guests and parents captivated by the patriotic fervor that echoed through the auditorium. The school's commitment to nurturing cultural pride was evident in every act, making the spectacle, a memorable ode to the country's history. In her address, Dr Duhan congratulated the team for putting up the great show and emphasized the need for cultural preservation in the face of modernity. The Principal Dr (Mrs) Bharti Swami and the Director Gp Capt S K Sharma thanked the guests for presiding and inspired the students to learn and achieve even greater heights with Vidhyashram.







“कल्पन परिशीलन”
VIDHYASHRAM
INTERNATIONAL SCHOOL
(A Tree is Known by the Fruit)

Vidhyashram

International School



28th DEC 2023: Classical Cultural Program

A classical cultural program was held at Vidhyashram International School, organized by Spic Macay in which the internationally acclaimed NRI flute player, Chethan Anant, delivered a mesmerizing performance featuring classical gems like "Mori Araj Suno Girdhari," "Vaishnav Jan To Tene Kahiye," "Kesariya Balam Aavo Ni," and "Payo Ji Maine Ram Ratan Dhan."

The collaboration with Tabla maestro Tejovrish Joshi added rhythmic brilliance to the enchanting tunes, creating a memorable fusion of melody and percussion. The renowned artists not only showcased their musical brilliance, but also enlightened students about the nuances of music, emphasizing the symbiotic relationship between melody and rhythm.

Through engaging discussions, they addressed students' questions, satisfying their curiosity about the intricacies of his art. The event commenced with Smt. Ira Sisodia, Spic Macay coordinator, introducing the artists and acknowledging their significant contributions to the realm of music. The program served as an insightful and inspiring experience for all hosted.

The Principal Dr (Mrs) Bharti Swami honored the artists and appreciated their contribution in the development of these arts.



18th JAN 2024: Interhouse Sports Activities

In a series of activities, the final matches of Kho Kho and Kabaddi were played in the campus of Vidhyashram International School.

The much-awaited final Kho Kho match unfolded between the middle wing boys of Kaveri and Yamuna House. The students showcased excellent skills in front of a large audience of students, making it a highly competitive match. Kaveri House emerged as the winning team, displaying exceptional teamwork.

Similarly, the final match of Kho Kho (girls) took place between Yamuna and Krishna House, with the Yamuna house team emerging victorious.

Moving on to Kabaddi, the boys' final match witnessed Yamuna House as the winner, showcasing impeccable speed, agility, and teamwork. The girls' Kabaddi final match between Ganga and Yamuna House left the audience mesmerized, with the Ganga team's performance sweeping them off their feet.

All four matches were a testament to athleticism and a grand celebration of sportsmanship. The dedication and passion displayed by the students in each game truly made the Interhouse Sports Activities a memorable event at Vidhyashram International School.



23rd JAN 2024: Collaboration with Art of Living Foundation

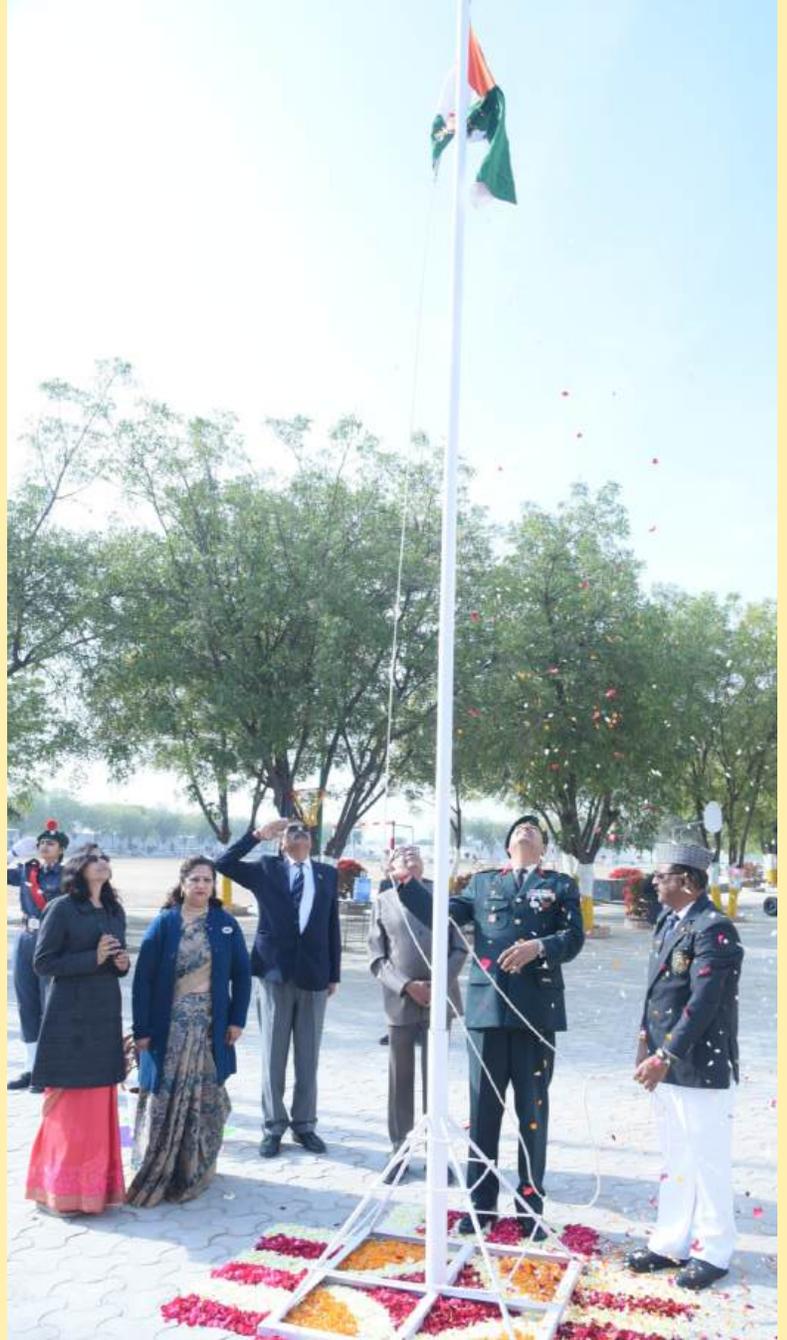
The collaborative event between Art of Living Foundation and Vidhyashram International School, marked by the signing of a historic MOU during Guruji Sri Sri Ravi Shankar's visit in Jodhpur, showcased a shared commitment to spiritual and educational growth. In the presence of Chairman Shri Vinay Kumar Jain and Principal Dr (Mrs) Bharti Swami, who has been a pivotal member of AOL and the dedicated staff members, the event highlighted key objectives, joint programs, and responsibilities, setting the stage for a partnership focused on positive community impact. Gurudev Sri Sri Ravi Shankar's profound insights added a spiritual dimension, emphasizing the crucial role of spirituality and education in fostering harmony. The event concluded with an atmosphere of gratitude, celebrating the collective efforts of Art of Living Foundation and Vidhyashram International School. This milestone reflects a unity of purpose and a shared vision for the realms of spirituality and education.



26th JAN 2024: "SAMARPAN" (Republic Day Celebration) organized by Grade IX

The event, SAMARPAN marked the pinnacle of our 75th Republic Day celebration, commenced with the lamp lighting symbolizing the enlightenment of knowledge and wisdom. A dazzling showcase of talents unfolded, featuring captivating performances and impressive exhibits, mesmerizing the audience that included esteemed faculty members, proud parents, and the entire school community.

The Chairman Shri Vinay Kumar Jain delivered an impactful speech highlighting the core values of unity, diversity, and national pride. The occasion concluded with a profound sense of collective identity and pride, making the 75th Republic Day celebration at Vidhyashram International School a truly memorable event.







08th FEB 2024: Best Out Of Waste

Vidhyashram International School recently hosted a captivating exhibition showcasing the imaginative prowess of its students through best out of waste crafts. The event celebrated creativity, sustainability, and innovation, leaving attendees in awe of the young talents' skills. The display featured an array of exhibits, ranging from intricately crafted sculptures made from recycled materials and demonstrated their resourcefulness by repurposing everyday items such as paper, plastic bottles, cardboard, and old electronic gadgets into stunning works of art. One of the highlights of the exhibition was the diverse range of aero models, from miniature replicas of airplanes to futuristic flying machines, each model reflected the students' enthusiasm for aviation and engineering. Visitors marveled at the attention to detail and craftsmanship displayed in these creations.

The event provided a platform for students to showcase their environmental consciousness and commitment to sustainability. By promoting the concept of 'reduce, reuse, recycle,' the exhibition not only fostered creativity but also instilled a sense of responsibility towards the planet.



09th FEB 2024: Farewell to Grade XII

Grade XI students orchestrated a touching farewell for their Grade XII seniors, symbolizing the culmination of a shared journey enriched with memories and achievements. Amidst the melodious tunes of the choir and captivating performances, the essence of their collective voyage was beautifully depicted. Tokens of admiration and respect were bestowed upon the seniors, acknowledging their contributions and virtues. Head Girl Miss Mikita Rathore and Head Boy Master Parth Parakh expressed profound gratitude to the institution for sculpting their character and providing invaluable growth opportunities. Master Vidhyashram and Miss Vidhyashram were awarded to Vaibhav Sharma and Himanvi Vaishnav for their exceptional performances in academics, sports, CCA, and other areas. Special recognition was also given to Kanupriya, Jatin Yadav, Samiksha Pandey, Madhur Soni, and Uday Chadha for their outstanding achievements. Institution Head Mr. Vinay Kumar Jain extended warm wishes for the students' future endeavors, while Principal Dr (Mrs) Bharti Swami and Academic Head Mrs. Sushma Ramdev imparted blessings, urging the departing cohort to leave an enduring mark on society. The Director Gp Capt S. K. Sharma's poignant address encouraged XII students to navigate life's crossroads with resolve and pursue their dreams steadfastly, igniting a flame of inspiration as they embark on their next chapter.







12th FEB 2024: Track & Field Events

An invigorating “Track and Field” event, along with an exciting Aeromodeling Competition, was organized for students of Grades VI to VIII by Vidhyashram International School. Enthusiastic and zealous participation was witnessed, and the event was deemed a resounding success. The sportsmanship in students was fostered through this event, featuring engaging activities such as skating, the 100m and 200m races, and the 400m relay race. Students' involvement in sports and games infuses their lives with enthusiasm and enjoyment, shaping their career choices according to their interests. The winners were honored and encouraged by Director Gp Capt S. K. Sharma and Principal Dr (Mrs) Bharti Swami, who awarded them with medals and certificates. The event not only showcased the students' athletic prowess but also underscored the school's commitment to holistic development by promoting physical fitness, teamwork, and a competitive spirit.





14th & 15th FEB 2024: Promoting Wellness: Surya Namaskar Initiative by Vidhyashram

In alignment with the directives from the Office of the District Education Officer and Project Coordinator, Vidhyashram International School embarked on the Surya Namaskar Initiative, starting on February 3, 2024. This initiative aimed to foster holistic well-being among students, integrating physical health with mental clarity. 500 students from classes IX to XII participated in daily practice sessions, engaging in the rejuvenating practice of Surya Namaskar. On February 15, 2024, a special session was conducted from 10:30 AM to 10:45 AM, where 1000 students enthusiastically performed Surya Namaskar along with 50 teachers, five times, with each session lasting 15 minutes. Dr. (Mrs) Bharti Swami, in her address, underscored the significance of this initiative within the school's ethos of holistic education. By promoting physical fitness and mental equilibrium through Surya Namaskar, Vidhyashram International School reaffirmed its commitment to nurturing well-rounded individuals equipped to navigate life's challenges with resilience and vitality.





17th FEB 2024: Award Ceremony

Vidhyashram International School recently held a grand Award Ceremony to honor the remarkable accomplishments of its learners. Students who had excelled academically in their respective classes and those who had demonstrated outstanding performance in various Olympiads were duly celebrated during the ceremony. A significant moment of the ceremony was the presentation of the prestigious 'HOUSE TROPHY,' jointly awarded to Krishna and Kaveri House in the Primary Wing, and Yamuna House in the Senior Wing, for their exceptional performance. Acknowledging the pivotal role of educators in shaping students' success, teachers were also honored for their dedication and commitment. Awards such as the Hundred Percent Attendance Award and Most Punctual Teacher were presented to deserving faculty members. The event was graced by the esteemed presence of Shri Vinay Kumar Jain, the head of the institution, who extended his heartfelt congratulations to the students for their achievements. The Principal, Dr (Mrs) Bharti Swami, inspired and motivated the students to continue striving for success with diligence.







Workshops

15th DEC 2023: Know Your Skin

Dr. Salonee Malviya, a distinguished Dermatologist, orchestrated a seminal workshop on "Know Your Skin," for the students of Grade IX to disseminate critical insights into skin health. With a robust academic foundation from Geetanjali Medical College, Udaipur, her expertise in dermatology shone. The workshop seamlessly blended informative lectures, interactive sessions, and real-life case studies, fostering a comprehensive understanding of skincare. Dr. Malviya's commitment to ethical skincare practices, interlaced with a passion for animal welfare, added a unique dimension. It successfully instilled a profound awareness of skin health among participants.



19th DEC 2023: Motivational Session

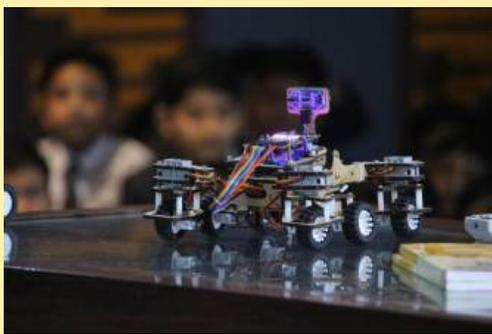
An inspiring motivational session was conducted in the school campus, by an esteemed Ex-student Shubham Dadhich, now completing his B-tech from IIT, Hyderabad. The session was aimed to motivate and guide current students of senior classes with insights into personal as well as professional growth. Shubham shared his personal journey, emphasizing challenges faced and lessons learned during his time in school and beyond. The speaker highlighted the importance of resilience and perseverance in overcoming obstacles, encouraging students to stay determined in their academic and personal pursuits. Practical advice on navigating the professional world, including career choices, networking, and skill development, was provided to help students make informed decisions about their futures. The session left a positive impact on students, fostering a renewed sense of motivation and determination among students.



Workshops

20th DEC 2023: Exploring the Future: AI and Robotics

An insightful workshop on Artificial Intelligence and Robotics was conducted in the Middle Wing, providing students with an immersive experience into the world of cutting-edge technology. Renowned experts in the field, Mr. Prashant Razdan and Mr. Shubham Kachhawaha under the banner of Invent India Company, covered fundamental concepts in robotics, elucidating the integration of AI for enhanced automation. The attendees gained hands-on experience through practical exercises, fostering a dynamic learning environment. The workshop's interactive nature encouraged active participation, enabling the students to address queries directly to the experienced facilitators. The duo highlighted real-world applications, showcasing how robotics and AI revolutionize industries, from manufacturing to healthcare. The informative workshop concluded with insights into potential career paths in AI and robotics, inspiring students to consider the vast opportunities available in this rapidly evolving field.



24th DEC 2023: Medical Camp

"Healthcare is a right, not a privilege."

A comprehensive medical camp was held at the Primary Wing in collaboration with Bonanza Care. Monitoring the health of over 600 students, including BMI checks and personalized advice from Dr. Mukesh Choudhary, a renowned paediatric, reflects a proactive approach to students' well-being. The doctor provided unique counsel on diet and exercise to promote a healthy lifestyle. Various health-related assessments were performed to identify any potential issues and students showing symptoms received assurance of continued support with a follow-up plan. Every student's family was provided with a free health card, offering numerous benefits. This medical camp reflects the school's commitment to the holistic well-being of its students, fostering a healthier and more informed school community.



Workshops

10th JAN 2024: Miracles of Millets

Vidhyashram International School recently hosted a workshop, highlighting the numerous benefits of incorporating millets into our diets. The learned resource person Shri Ashok from Durg, Chattisgarh, emphasized the nutritional value, environmental sustainability and health advantages associated with millets, encouraging a broader understanding of these grains for a healthier lifestyle. Participants gained valuable insights into the role millets can play in enhancing overall well-being and contributing to a more eco-friendly food system.

Spearheading this nutritional revolution is the esteemed independent scientist, Dr. Khader Valli, whose role has been instrumental in unveiling the health benefits of these grains. The incorporation of small millets into our daily lives becomes a roadmap crafted by Shri Ashok and his team, envisioning a future where preventive healthcare is as simple as embracing nutrient-rich grains.

The Chairman of the school, Shri Vinay Kumar Jain, acknowledged and appreciated the efforts of the collective mission towards fostering a healthy society. Dr. (Mrs) Bharti Swami, the Principal, echoed this sentiment, recognizing the impact of this initiative on the well-being of the school community.

As we embrace wholesome health, we move towards a future where health is not just a choice but, a way of life. In the corridors of education, Shri Vinay Kumar Jain and Dr. Mrs. Bharti Swami stand as pillars of support, acknowledging the vital role nutrition plays in shaping a vibrant and healthy community.



24th JAN 2024: Stress Management, Time Management Strategies & Essential Cybersecurity Practice

An extensive workshop was held in Vidhyashram International School by Prof. Divya Tanwar, Director of Sanskriti University. The workshop aimed to provide participants with insights into stress management, time management strategies, and essential cybersecurity practices in the context of the National Education Policy (NEP). In separate sessions, for students as well as for educators, the accomplished academicians shared practical techniques for stress reduction, emphasizing the importance of mental well-being in the academic and professional spheres. The participants were engaged in interactive sessions exploring mindfulness and relaxation exercises. The conclave also addressed effective time management strategies tailored to the academic and professional demands outlined in the NEP.

Given Prof. Tanwar's expertise on web security, a significant portion of the workshop focused on cybersecurity awareness. Participants gained insights into the latest cyber threats, preventive measures, and responsible online behavior.



Workshops



29th JAN 2024: Pariksha Pe Charcha

The air at Vidhyashram International School was filled with anticipation and excitement as more than 600 students and their teachers gathered for the live telecast of the prestigious “Pariksha Pe Charcha” event featuring Prime Minister Narendra Modi.

Meticulous preparations were made to ensure a seamless live telecast experience to absorb The PM’s pearls of wisdom.

His address captivated the audience, resonating deeply with the students and teachers alike and his insights on handling stress, seeking inspiration and approaching exams with a positive mindset left a lasting impact. The session was interactive, where students could pose questions, added an element of direct engagement.

In essence, the live telecast of Pariksha Pe Charcha not only provided a unique learning experience but, served as a reminder of the transformative power of education and the impact of inspirational leadership on the future generations.

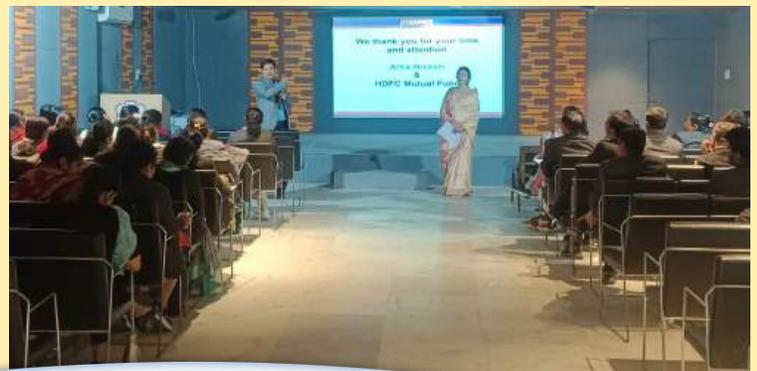


Workshops



28th FEB 2024: Investment Awareness Program

An in-house workshop on investment awareness was organized at Vidhyashram International School. Through this workshop, aimed at demonstrating the importance of investment, Mrs. Anju Shamsheer Singh, the head of Ark Investments, and keynote speaker Mrs. Charvi Singh addressed the faculty, providing insights into savings, investment harmony, and future planning. Alongside, Mr. Nayan Namdev, Assistant Vice President and Cluster Head of HDFC Fund, provided information on the best investment options. Additionally, Mr. Rahul Singhal, Distribution Finance Manager of HDFC Funds, addressed investment-related queries of teachers, enlightening them as vigilant investors. Principal Dr (Mrs) Bharati Swami portrayed savings and investment in the current context as the two wheels of life, emphasizing their necessity and significance, thus making the workshop quite beneficial. Mrs. Bina Sharma introduced the changing lineup of speakers, while Mr. Deendayal Sharma extended a vote of thanks.



Workshops

08th APR 2024: MEDHA YOGA LEVEL-1

In a significant collaboration with the Art Of Living foundation, Vidhyashram International School recently signed a memorandum of understanding (MOU) to enhance our educational approach. As part of this partnership, esteemed yoga instructors Mrs. Alka Tejsingh, Mr. Gaurav Vyas, Mr. Nitin Pal Singh, and Ms. Dimple Sharma conducted an enriching “MEDHA YOGA LEVEL-1” session for 235 Students of Grade IX students spread across three days.

The emphasis was laid on the benefits of yoga, particularly “SUDARSHAN KRIYA”, renowned for its positive impact on physical health, mental clarity, and emotional stability. The Principal Dr (Mrs) Bharti Swami commended the instructors for their exceptional conduct throughout the session and lauded the profound impact it had on the students.



Workshops



Vidhyashram Kidz

13th OCT 2023: Fireless Cooking

Cooking can happen even without the fire.

Fireless Cooking was conducted for students of Nursery, LKG and UKG, wherein the students prepared yummy, lip-smacking items like toast pudding, bun sandwich, biscuit pudding, sprouts salad, health sandwich, Swiss roll etc. This activity not only nurtures their culinary skills but also fosters a sense of independence and self reliance in a safe and controlled environment.



21st OCT 2023: Navratri Celebration

During the festive occasion of Navratri, the vibrant atmosphere at Vidhyashram Kidz Play School was filled with the joyful laughter and excitement of our little ones. Dressed in colorful chaniya cholis and churidar kurtas, the children radiated happiness as they eagerly participated in the festivities. With rhythmic beats of music filling the air, they enthusiastically performed the traditional Garba Raas dance, spinning and twirling with grace and delight. Adding to the merriment, they also showcased their skills by dancing with colorful dandiya sticks, their movements reflecting the joy and spirit of Navratri.



Vidhyashram Kidz

09th NOV 2023: Sparkles 2023

The Diwali celebrations at school brought a festive ambiance, as diyas and lanterns adorned the surroundings, permeating the premises with a sense of togetherness and hope. Parents of the Kidz Play School enthusiastically joined in the festivities, demonstrating that creativity and talent know no bounds.

The event commenced with a warm welcome note, filling hearts and minds with love and harmony. Nursery parents engaged in rangoli making, while L.K.G and U.K.G parents decorated diyas and crafted beaded wall hangings. The culmination of the contest showcased the talents of both parents and children.

Principal Dr. (Mrs.) Bharti Swami encouraged parents to actively participate in their children's growth, while Director of VPS Paota, Mrs. Nihali Jain, commended their involvement. Academic Head of Pre-Primary, Ms. Shreeja Nair, addressed the gathering and congratulated them for their enthusiastic participation in the contest.





22nd NOV 2023: Orange & Brown Colours Day Celebration

The color brown symbolizes the beauty and significance of our Mother Earth, while orange is a dynamic hue that stimulates imagination and creativity. Various shades of brown connect us to the natural beauty around us. All the children, adorned in brown and orange attire, enthusiastically participated in a wide array of activities including games, art, and craft, celebrating the essence of these colors.



1st DEC 2023: Visit to Machia Safari

A visit to Machia Safari was an enchanting experience for our kindergarten students, offering them the opportunity to witness animals outside of their storybooks and cartoons. As they observed the 'King of the Jungle' and admired tigers with their majestic stripes, their eyes lit up with wonder and amusement. Such zoo visits not only facilitate effective learning about animals but also promote cognitive development and cultivate empathy and compassion. Through observation and discussion, children develop an interest in conservation and come to realize that animals, too, have feelings and emotions, dispelling misconceptions and fostering a deeper understanding of wildlife.



25th JAN 2024: Republic Day

On the occasion of the 75th Republic Day, Vidhyashram kidz play school hosted special costume marathon . A patriotic fervour warmed up the cold winter morning as it filled with the excitement of students who were enthusiastically participating.



05th FEB 2024: Sports Day

In recognition of the importance of sports in a child's life Vidhyashram celebrated its Annual Sports Day for children of Nursery , LKG, UKG. The theme was to encourage all the students with a vision that says WE ALL ARE WINNERS.

It was a beautiful sight to behold on a cold winter morning as the tiny tots entertained the audience with a spectacular relay race and hoola hoop race . The children participated in large numbers in engaging and innovative races like GO TO SCHOOL race, FUN race, TOFFEE race, HURDLE race .



07th FEB 2024: Pink & Purple Colour Day

The classrooms were beautifully decorated with an array of pink and purple colour objects like balloons, ribbons, soft toys etc. providing the students opportunities to have a clear sense of the colour and its importance. The tiny tots were given a thorough understanding about pink and purple colour through fun filled activities.



14th FEB 2024: Basant Panchami

On the auspicious occasion of Basant Panchami, the vibrant atmosphere of Vidhyashram International School was adorned with hues of yellow as children and teachers alike donned yellow attire. The day commenced with heartfelt prayers to Goddess Saraswati, the epitome of knowledge and wisdom, through Saraswati Vandana and the soulful rendition of "He Sharde Maa". Under the benevolent gaze of the goddess, students and teachers alike sought blessings for a prosperous journey of learning and growth. The Principal, Dr (Mrs) Bharti Swami, graced the occasion with her inspiring words, urging students to embrace the spirit of progressive learning. The air resonated with the melodic verses of poems, uplifting tunes of songs, and insightful speeches delivered by the enthusiastic students of both the Primary and Middle Wings. The students were encouraged to set ambitious goals and pursue them with unwavering dedication, paving the way for a promising and flourishing future. This pious day at Vidhyashram school isn't just a celebration; it is a vibrant tapestry of tradition, learning, and camaraderie.



05th APR 2024: World Health Day

World Health Day was celebrated in Vidhyashram Kidz with an aim to educate students about physical and mental well being. The celebrations commenced with an enlightening talk on healthy habits delivered by Mrs. Nitu Dev, Pre-primary Academic Head, emphasizing the importance of nutritious eating, cleanliness and self-hygiene. The children were captivated as teachers creatively incorporated rhymes on these topics, using props and actions to engage them fully. Through catchy tunes and interactive gestures, the students learned about the significance of balanced diets, keeping their surroundings clean, yoga and practicing good personal hygiene. The lively atmosphere resonated with laughter and enthusiasm as the children eagerly participated in the activities, fostering a deeper understanding of health and well-being in a fun and memorable way. These celebrations not only instilled crucial lessons but also sparked a sense of responsibility towards leading healthy lifestyles from an early age.



18h APR 2024: Yellow Colour Day

At Vidhyashram Kidz Play School, we embraced the vibrant spirit of yellow with an exciting celebration! Adorned in various shades of sunny yellow, our preschoolers brought a burst of brightness to our classrooms, donning everything from sunny shirts to lemony dresses. The day kicked off with a hands-on art project, igniting creativity in each child as they crafted their own sunshine masterpieces. Smiles spread as imaginations ran wild, with each artwork reflecting the unique flair of its creator. As the day progressed, our yellow-themed snacks added to the festivities, the joyous sound of laughter filled the air as the children indulged in a special treat: ripe, juicy mangoes. Faces lit up with delight as they savored the sweet taste of summer, adding another delightful touch to our celebration of all things yellow.

From art to snacks and mango delights, our Yellow Color Day was a memorable journey through learning and fun, fostering creativity, healthy habits and most importantly, smiles all around!



SCOUTS & GUIDE

02nd OCT 2023: Gandhi Jayanti: Swachh Bharat Mission

The students from Scouts and Guide, at Vidhyashram International School, participated in the cleanliness drive as appealed by Prime Minister Shri Narendra Modi. Swachh Bharat is a shared responsibility, and every effort counts. Keeping up the motto on the occasion of Gandhi Jayanti, the scouts, smartly dressed in their uniforms, took oath to protect the integrity of the motion, keep their surroundings clean. Flowers and prayers were offered to the portrait of Mahatma Gandhi and *shramdaan* was given to tidy the campus. This cleanliness drive is a pivotal cleanliness initiative and Vidhyashram is the first school to join this noble endeavour for ushering in a cleaner future.



20th FEB 2024: Raising Awareness for De-Addiction

A public meeting and vigil for De-Addiction was organized by the students of Bharat Scout Guide of Vidhyashram International School at Mandore Garden. The event was aimed to enlighten the community about the detrimental effects of addiction and advocate for a substance-free lifestyle. The responsible team of Scouts, interacted with attendees and disseminated crucial information regarding the perils of addiction. Scout Master Mr. Amit Tanwar and Mrs. Ekta Dadhich delivered impassioned speeches, highlighting the significance of de-addiction and the role of the community in supporting individuals struggling with addiction. The event effectively communicated vital information regarding healthcare motivating individuals to embrace healthier lifestyles.



SCOUTS & GUIDE

20th MAR 2024: The Education and Nature Camp

The Education and Nature Camp organized by Vidhyashram International School Bharat Scouts & Guides in Ajmer-Pushkar concluded on March 23rd, marking a successful and enriching experience for all participants.

Throughout the camp, students immersed themselves in various activities including tent pitching, jungle trekking, rock climbing, and visits to religious and historical sites. These activities provided students with hands-on learning experiences while fostering teamwork, leadership, and environmental awareness.

Under the guidance and support of Principal Dr (Mrs) Bharti Swami and Director Gp Capt S.K. Sharma, the camp was meticulously organized by Mrs. Ekta Dadhich, Scout and Guide In-charge. Their dedication and belief in the students' potential were instrumental in shaping the camp's positive outcome.



23rd APR 2024: Awareness on First-Aid



NCC ACTIVITIES

09th OCT 2023: Visit to Air Force Museum

On the auspicious occasion of Indian Air Force Day, NCC cadets hailing from both the AIR and ARMY wings undertook a meticulously planned and enlightening visit to the esteemed Air Force Museum. The primary objective of this visit was to cultivate a profound and comprehensive understanding of India's illustrious aviation history, thereby paying respect to the valor and noteworthy achievements of the Indian Air Force.

The meticulously curated visit aimed to provide cadets with an immersive experience, delving into the rich tapestry of the Air Force's evolution. By exploring the exhibits and artifacts within the museum, the cadets were afforded a rare opportunity to witness firsthand the technological advancements, strategic developments, and historical milestones that have shaped the trajectory of the Indian Air Force.



NCC ACTIVITIES

ATC, Pre-RDC & EBSB Camps 2023-24: Glimpse



NCC ACTIVITIES

Flying Experience: Microlite Air-craft Virus (SW-80) & Aero-modeling



NCC ACTIVITIES

Ceremony to Honor NCC Achievements

The institution was recently visited by Wing Commander Pushkar Yadav, Commanding Officer of 4 Raj Air Wing NCC, to distribute certificates to the cadets for their outstanding performance in the “A” certificate exam.

Prior to the certificate distribution, a guard of honour was proudly presented to Wing Commander Yadav by cadets from both the Air and Army wings. Additionally, Junior Warrant Officer Bhanwar Singh was also present to award certificates to the Army wing cadets on behalf of the Commanding Officer of 3 Raj Girls Bn NCC.

In his address to the cadets, encouragement was given by the guests to give their best in all the upcoming challenges of life. The importance of dedication and hard work in achieving success was emphasized. The event was attended by Associated NCC Officer, Hitesh Rajendra Neve, and Caretaker Officer, Laxmi , who were also present to motivate the cadets and provide guidance.

The Principal Dr (Mrs) Bharti Swami said that it was a proud moment for the school to host such esteemed guests and celebrate the achievements of the dedicated cadets. Both Director Gp Capt Sharman and the Chairman Shri V K Jain expressed their pride and confidence in the cadets' achievements.



NCC ACTIVITIES



ART GALLERY



Divya (XI A)



Anushka Rathore (XI C)



Mudit joshi (XI A)



Sneha Dudi (IX D)



Deepshikha (9D)



Madhur Soni (XII C)

PRESS RELEASE



जोधपुर | विद्याश्रम इंटरनेशनल स्कूल की प्री प्राइमरी विंग के विद्यार्थियों ने सोमवार को माचिया सफारी पार्क के भ्रमण किया। विद्यार्थियों ने दुनिया और कहानियों में सुने पढ़े पशु पक्षियों का साक्षात् अवलोकन अपना ज्ञान अभिवर्धन किया। नन्हों-मुन्नों ने माचिया में शेर को नजदीक से सुना। इंचार्ज श्रीजा नायर व प्राचार्य डॉ. भारती बताया कि विद्यार्थियों ने शैक्षिक भ्रमण का आनंद लिया।

शैक्षिक भ्रमण में जंगल के राजा को सामने देखकर पुलकित हुए विद्याश्रम के नन्हे मुन्ने



नवज्योति/जोधपुर | विद्याश्रम इंटरनेशनल स्कूल की प्री-प्राइमरी विंग के विद्यार्थियों ने सोमवार को प्रकृति के विभिन्न पहलुओं के साथ रुबरु होकर व्यावहारिक अनुभव प्राप्त किया। अक्सर वा विद्यार्थियों के माचिया सफारी पार्क के भ्रमण और अवलोकन का। इस भ्रमण के दौरान नन्हे-मुन्ने विद्यार्थियों ने किताबों दुनिया और कहानियों में सुने पढ़े पशु-पक्षियों का साक्षात् अवलोकन कर जहां अपना ज्ञान अभिवर्धन किया तो वहीं दूसरी तरफ कहानियों की दुनिया के इन किंवदंतियों को वास्तविक रूप में सामने देखकर बड़ा लुफ भी उठया। विद्याश्रम किड्स प्ले स्कूल को इंचार्ज श्रीजा नायर ने बताया कि विद्यार्थियों ने शैक्षिक भ्रमण का बड़ा आनंद लिया। प्राचार्य डॉ. भारती स्वामी ने कहा कि इंटरगार्डन शिक्षा प्रणाली के देख कर सीखने के पहलू को व्यावहारिक तौर पर अपनाते हुए विद्याश्रम किड्स प्ले स्कूल विद्यार्थियों के लिए इस प्रकार के शैक्षिक भ्रमण का समय-समय पर और विविध स्थलों के लिए आयोजन करता रहता है।



नवज्योति/जोधपुर | विद्याश्रम इंटरनेशनल स्कूल में बुधवार को स्पिक मैके के आयोजन में भारतीय कलाओं के संरक्षण और संवर्धन के निमित्त एक कार्यक्रम का आयोजन किया। इसे कार्यक्रम के अंतर्गत विद्याश्रम के प्रांगण में आंतरजातीय कला प्रति प्रदर्शनी भारतीय बंसुरी वादक वेदव अंत ने प्रसिद्ध नवल वादक तेजोवृष जोशी की संगत में जोरी अरज सुनी गिरधारी, वैष्णव जब तो तेने कहिए, केसरिया बालम आबो नी, पढे जो मैने राम रतन धन सहित अन्य बच्चों की पुन को गायन के साथ-साथ प्रस्तुत करते हुए जोरदार तालियां बटोरी। अपनी सजी हुई हानवद प्रस्तुतियों के साथ ही उन्होंने विद्यार्थियों को अपनी ही बारीकियों ने भी अवगत कराया। एवं के साथ सुनी की संगत के महत्व पर भी बखशीत की। विद्यार्थियों के खबले का जवाब देते हुए उन्होंने विद्यार्थियों की जिज्ञासाओं का समन किया। कार्यक्रम के प्रारंभ में स्पिक मैके की संयोजिका ईरा सिसोदिया ने दोनों कला साधकों का परिचय देते हुए संगीत के क्षेत्र में उनके महत्तम योगदान की सराहना की। इस अवसर पर एक्यूसा-मॉडल यूनाइटेड नेशन में विजयी रहे वेस्ट परफॉर्मेंस वाले विद्यार्थियों को भी अवैति कलाकारों ने सम्मानित किया। प्रधान विनय कुमार जैन ने उतिथियों का स्वागत और सम्मान किया। प्राचार्य डॉ. स्वामी ने विश्वभर में भारतीय कलाओं को बख्ता का परचम लहराते वाले कलाकार सम्मान देते हुए इन कलाओं के विकास उनके योगदान को सराहा।

विद्याश्रम स्कूल में गूंजा केसरिया बालम...

सिटी रिपोर्टर | विद्याश्रम इंटरनेशनल स्कूल में स्पिक मैके की ओर से एक कार्यक्रम आयोजित किया गया। इसमें बांसुरीवादक चेतन अनंत ने तबला वादक तेजोवृष जोशी की संगत में मोरी अरज सुनी गिरधारी, वैष्णव जन तो तेने कहिए, केसरिया बालम आबो नी, पायो जी मैने राम रतन धन सहित अन्य भजनों की धुन को गायन के साथ-साथ प्रस्तुत करते हुए जोरदार तालियां बटोरी। उन्होंने स्टूडेंट्स को संगीत की बारीकियों से भी अवगत कराया। स्पिक मैके की संयोजिका ईरा सिसोदिया ने दोनों कला साधकों का परिचय दिया। इस मौके मॉडल यूनाइटेड नेशन में विजयी रहे वेस्ट परफॉर्मेंस वाले स्टूडेंट्स को सम्मानित किया गया। संस्था प्रधान विनय कुमार जैन ने मेहमानों का स्वागत किया व प्रिंसिपल डॉ. श्रीमती भारती स्वामी ने वोट ऑफ थैंक्स दिया।

जोधपुर, बुधवार, 10 नवम्बर 2024

dainiknavajyoti.com

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विद्याश्रम में आयोजित कार्यशाला में दिखा मिलेट्स का भिरेकल

नवज्योति/जोधपुर | विद्याश्रम इंटरनेशनल स्कूल में मंगलवार को एक विशेष कार्यशाला भिरेकल ऑफ मिलेट्स का आयोजन किया। इसमें प्राचीन भारतीय पद्धतियों पर आधारित खानपान के प्रति जागरूकता के माध्यम से स्वस्थ शरीर और श्रेष्ठ जीवन के लक्ष्य प्राप्ति का मार्ग प्रशस्त किया। विशेष विशेषज्ञ दुर्ग, उत्तीरगढ़ से अशोक कुमार शर्मा ने बताया कि हमारे पूर्वज मोटा अनाज खाया करते थे, जिससे वे सदा स्वस्थ रहते थे। वर्तमान भाग्यभाग धनी जिंदगी और खानपान की बदली हुई आदतों के कारण आम आदमी ब्लड प्रेशर, मधुमेह, हृदय रोग जैसी विविध बीमारियों से ग्रसित है। सारी बीमारियों का धार है हपास पेट। यदि हमारा आहार बिहार बदले तो हम स्वस्थ जीवन सापन कर सकते हैं।

उन्होंने वैज्ञानिक तथ्यों और आंकड़ों के आधार पर मिलेट्स के चमत्कारिक गुणों को सिद्ध करते हुए अतिशुभाषक रात्र में शिक्षकों की जिज्ञासाओं का भी समन किया। कार्यशाला में संस्था प्रधान विनय कुमार जैन ने विद्याश्रम के शिक्षकों के लिए आयोजित इस कार्यशाला को स्वास्थ्य लाभ प्राप्ति में काफी मददगार बताया।

सिटी बिजनेस

विद्याश्रम में कार्यशाला, मिलेट्स का दिखा भिरेकल

जोधपुर | विद्याश्रम इंटरनेशनल स्कूल में विशेष कार्यशाला भिरेकल ऑफ मिलेट्स का आयोजन हुआ। प्राचीन भारतीय पद्धतियों पर आधारित खानपान के प्रति जागरूकता के माध्यम से स्वस्थ शरीर और श्रेष्ठ जीवन के लक्ष्य प्राप्ति का मार्ग प्रशस्त किया। उत्तीरगढ़ से आए अशोक कुमार शर्मा ने बताया कि हमारे पूर्वज मोटा अनाज खाते थे जिससे वे स्वस्थ रहते थे। संस्था प्रधान विनय कुमार जैन ने कार्यशाला को स्वास्थ्य लाभ प्राप्ति में मददगार बताया। प्राचार्य डॉ. भारती स्वामी ने कहा कि वर्तमान में मिलेट्स का प्राचीन शारीरिक व मानसिक रूप से भी स्वस्थ और मजबूत बन सकते हैं।

PRESS RELEASE



जोधपुर-सिटी भास्कर 25-01-2024

विद्याश्रम स्कूल और आर्ट ऑफ लिविंग के बीच एमओयू



जोधपुर | विद्याश्रम इंटरनेशनल स्कूल नवाचारों की शृंखला में आर्ट ऑफ लिविंग के साथ स्कूल मेधा योग लेवल 1 कोर्स का शुभारंभ कर नया कीर्तिमान स्थापित करने वाला है। मंगलवार को डारा गार्डन में महासत्संग में आर्ट ऑफ लिविंग और विद्याश्रम इंटरनेशनल स्कूल के बीच एक एमओयू (मेमोरेंडम ऑफ अंडरस्टैंडिंग) हुआ। विद्याश्रम के निदेशक विनय कुमार जैन और फाउंडर प्रिंसिपल डॉ. भारती स्वामी ने एमओयू पर हस्ताक्षर किए। इस दौरान मंच पर श्रीश्री रविशंकर साथ थे।

विद्याश्रम स्कूल और आर्ट ऑफ लिविंग के बीच एमओयू



जोधपुर | विद्याश्रम इंटरनेशनल स्कूल नवाचारों की शृंखला में आर्ट ऑफ लिविंग के साथ स्कूल मेधा योग लेवल 1 कोर्स का शुभारंभ कर नया कीर्तिमान स्थापित करने वाला है। मंगलवार को डारा गार्डन में महासत्संग में आर्ट ऑफ लिविंग और विद्याश्रम इंटरनेशनल स्कूल के बीच एक एमओयू (मेमोरेंडम ऑफ अंडरस्टैंडिंग) हुआ। विद्याश्रम के निदेशक विनय कुमार जैन और फाउंडर प्रिंसिपल डॉ. भारती स्वामी ने एमओयू पर हस्ताक्षर किए। इस दौरान मंच पर श्रीश्री रविशंकर साथ थे।

विद्याश्रम स्कूल और आर्ट ऑफ लिविंग के बीच हुआ एमओयू

स्कूल मेधा योग लेवल-1 कोर्स के लिए हस्ताक्षर

नवउद्योति/जोधपुर।

शिक्षा और संस्कार को समर्पित विद्याश्रम इंटरनेशनल स्कूल ने विशेष उपलब्धियों के रूप में नवाचारों की शृंखला के साथ इस शैक्षणिक सत्र में भी एक नया कीर्तिमान स्थापित



करने वाला है और वह है आर्ट ऑफ लिविंग के साथ स्कूल मेधा योग लेवल-1 कोर्स का शुभारंभ। डारा गार्डन में महासत्संग के अवसर पर आर्ट ऑफ लिविंग और विद्याश्रम इंटरनेशनल स्कूल के बीच एक एमओयू पर हस्ताक्षर

किए गए। इस अवसर पर विद्याश्रम के निदेशक विनय कुमार जैन और फाउंडर प्रिंसिपल डॉ. भारती स्वामी एमओयू पर हस्ताक्षर किए। इस दौरान मंच पर श्री श्री रविशंकर उपस्थित थे। उल्लेखनीय है कि वर्ष 2011 में श्री श्री रविशंकर जोधपुर दौरे पर आए थे तब विद्याश्रम इंटरनेशनल स्कूल में एन ओवी आई सीई नवचरिंग ऑफ वेल्यूज इन चाइल्ड एजुकेशन प्रोग्राम का शुभारंभ किया गया था। आर्ट ऑफ लिविंग की जोधपुर चैप्टर की अपेक्ष से बेहतर रह चुके प्राचार्या डॉ. भारती स्वामी ने बताया कि विद्यालय के संपूर्ण शिक्षक गण आर्ट ऑफ लिविंग के हैप्पीनेस कोर्स के धारक हैं और उनके लिए सुदर्शन क्रिया का रेगुलर फॉलोअप होता है।



जोधपुर 20-02-2024

स्काउट-गाइड ने दिया नशा मुक्ति का संदेश



जोधपुर | विद्याश्रम इंटरनेशनल स्कूल के भारत स्काउट और गाइड के विद्यार्थियों की टीम ने मंडोर गार्डन में विशेष वार्षिक बैठक आयोजित की। बैठक के अंतर्गत आगामी सत्र में स्काउट और गाइड द्वारा आयोजित होने वाली गतिविधियों और कार्यक्रमों की रूपरेखा पर चर्चा की गई। इसके साथ ही उन्होंने मंडोर उद्यान में उपस्थित आमजन को नशे के दुष्परिणामों की जानकारी देते हुए एक रैली के माध्यम से उन्हें नशा मुक्ति के प्रति सचेत और जागरूक किया। इस अवसर पर स्काउट मास्टर अमित तंवर और गाइड कैप्टन एकता दाधीच ने विद्यार्थियों के समक्ष विचार व्यक्त करते हुए उन्हें सकारात्मक सोच और जन चेतना के प्रति जागरूक किया। संस्था प्रधान विनय कुमार जैन ने विद्यार्थियों के प्रयासों की सराहना की। प्राचार्या डॉ. भारती स्वामी ने उन्हें सेवा का दायित्व करते हुए सामाजिक सरोकार निभाने की प्रेरणा दी।



भक्त्य मास्टर और हिमानवी मिस विद्याश्रम बने
Vidyashram International School
पत्रिका प्लस @ जोधपुर. विद्याश्रम इंटरनेशनल स्कूल में कक्षा 12वीं के विद्यार्थियों का विदाई समारोह आयोजित हुआ। कार्यक्रम का शुभारंभ 12वीं के सभी विद्यार्थियों का कुमकुम तिलक लगाकर किया गया। कक्षा न्यारहवीं के विद्यार्थियों ने विभिन्न गीतों पर आधारित नृत्य व गायन की प्रस्तुति दी। शिक्षिका गौरी जीवानी ने विद्यार्थियों को श्रेष्ठ सफलता के लिए निरंतर कड़ी मेहनत सफलता का सूत्र दिया। हेड बॉय पार्थ पारख और हेड गर्ल मिकिता राठौड़ ने अपने जीवन की सफलता के लिए शिक्षकों का आभार जताया। कार्यक्रम में भक्त्य लुनावत को मास्टर विद्याश्रम और हिमानवी वैष्णव को मिस विद्याश्रम के खिताब से नवाजा गया। संस्था प्रधान विनय कुमार जैन, प्राचार्या डॉ. भारती स्वामी, अकादमिक हेड सुषमा रामदेव ने विद्यार्थियों को आगामी जीवन के लिए शुभकामनाएं प्रदान कीं। कार्यक्रम का संबालन विभूति हर्षिता, प्रिया और अदिति ने किया।



जोधपुर 18-02-2024

विद्याश्रम स्कूल में पुरस्कार वितरण समारोह आयोजित



जोधपुर | विद्याश्रम इंटरनेशनल स्कूल में शनिवार को शैक्षणिक स्तर पर सर्वश्रेष्ठ प्रदर्शन करने वाले और विविध विषयों के ओलिंपियाड में योग्यता वाले विद्यार्थियों को सम्मानित किया। प्राइमरी विंग में कृष्ण और कावेरी सदन को साक्षात् रूप से और सीनियर विंग में यमुना सदन को श्रेष्ठ अंक हासिल करने वाले सदन के रूप में चल वैजयंती प्रदान की गई। इसके साथ ही शिक्षकों को 100 परसेंट अटेंडेस अवार्ड और मोस्ट पंकचुअल टीचर की श्रेणी में सम्मानित किया गया। संस्था प्रधान विनय कुमार जैन व प्राचार्या डॉ. भारती स्वामी ने सम्मानित छात्रों व शिक्षकों को बधाई दी।

विद्याश्रम स्कूल: स्काउट और गाइड ने जागरूकता रैली में दिया नशा मुक्ति का संदेश



नवउद्योति/जोधपुर | विद्याश्रम इंटरनेशनल स्कूल के भारत स्काउट और गाइड के विद्यार्थियों की टीम ने मंडोर गार्डन में विशेष वार्षिक बैठक आयोजित की। जिसमें आगामी सत्र में स्काउट और गाइड द्वारा आयोजित होने वाली गतिविधियों और कार्यक्रमों की रूपरेखा पर चर्चा की गई। इसके साथ ही उन्होंने मंडोर उद्यान में उपस्थित आमजन को नशे के दुष्परिणामों की जानकारी देते हुए एक रैली के माध्यम से उन्हें नशा मुक्ति के प्रति सचेत और जागरूक किया। इस अवसर पर स्काउट मास्टर अमित तंवर और गाइड कैप्टन एकता दाधीच ने विद्यार्थियों के समक्ष विचार व्यक्त करते हुए उन्हें सकारात्मक सोच और जन चेतना के प्रति जागरूक किया। संस्था प्रधान विनय कुमार जैन ने विद्यार्थियों के प्रयासों की सराहना की। प्राचार्या डॉ. भारती स्वामी ने उन्हें सेवा का दायित्व करते हुए सामाजिक सरोकार निभाने की प्रेरणा दी।

एयर स्क्वाड्रन एनसीसी के एटीसी कैम्प-2023 के विजेताओं को किया पुरस्कृत

नवज्योति/जोधपुर। 4 राज एयर स्क्वाड्रन एनसीसी के तत्वाधान में आयोजित एटीसी कैम्प 2023 के अंतिम दिवस की संध्या पर सीनियर एवं जूनियर डिवीजन के डेट्स के लिए विभिन्न प्रतियोगिताओं का आयोजन सभी प्रोटोकॉल को ध्यान में रखते हुए करवाया गया। इस परीक्षा में विभिन्न प्रकार के माफ्ट ड जैसे वाद-विवाद, भाषण, हथियार प्रशिक्षण का मौखिक और व्यावहारिक परीक्षण, ग्राउंड ड्रिल एवं टर्नआउट को

वी बीएसएफ तृतीय स्थान पर रहे। वाद-विवाद प्रतियोगिता में सेंट पेट्रिक्स विद्या भवन स्कूल प्रथम, विद्याश्रम इंटरनेशनल स्कूल द्वितीय और वीए उत्तरलाई तृतीय स्थान पर रहे। सर्वश्रेष्ठ फायर श्रेणी में केवी उत्तरलाई प्रथम, केवी बीएसएफ द्वितीय और केवी उत्तरलाई तृतीय स्थान पर रहे। फिजिकल टेस्ट में मारवाड़ केसरी के भोला प्रसाद प्रथम, विद्याश्रम इंटरनेशनल स्कूल के समरजीत दूसरे स्थान पर तथा एमजीजीएस



जांच की गई और विभिन्न प्रकार के सांस्कृतिक कार्यक्रम प्रस्तुत किए गए। विभिन्न गतिविधियों के विजेताओं को पुरस्कृत करने के लिए एक पुरस्कार वितरण समारोह आयोजित किया गया। विंग कमांडर पुष्कर यादव, कर्मांडिंग ऑफिसर, 4 राज एयर स्क्वाड्रन एनसीसी विभिन्न प्रतियोगिताओं के विजेताओं के नामों की घोषणा करते हुए अपनी खुशी जताई।

चैनपुरा के मसीथ तीसरे स्थान पर रहे।

इसी तरह जूनियर गर्ल्स कैटिगरी में केवी नंबर 1 एयरफोर्स फर्स्ट की समीक्षा, एयरफोर्स स्कूल की नित्या पांडे दूसरे और खुशी सभी गर्ल्स कैडेट्स में तीसरे स्थान पर रही। फिट लेआउट प्रतियोगिता में सेंट पेट्रिक्स विद्या भवन स्कूल प्रथम, चौपासनी स्कूल द्वितीय और और फिरोज खान मेमोरियल स्कूल तृतीय स्थान पर रहे। विंग कमांडर पुष्कर यादव, कर्मांडिंग ऑफिसर, 4 राज एयर स्क्वाड्रन एनसीसी ने कहा कि कैडेटों के लिए वार्षिक प्रशिक्षण शिविर एकता और अनुशासन के लक्ष्य और भारत के लिए जिम्मेदार नागरिक तैयार करने के उद्देश्य से किया जाता है।

सेंट पेट्रिक्स विद्या भवन स्कूल को सभी क्षेत्रों में उत्कृष्ट प्रदर्शन के लिए सर्वश्रेष्ठ दल का खिताब दिया। विद्याश्रम इंटरनेशनल स्कूल भी विभिन्न श्रेणियों में सर्वाधिक पुरस्कार विजेता रहे। ड्रिल प्रतियोगिता में सेंट पेट्रिक्स विद्या भवन स्कूल प्रथम, विद्याश्रम इंटरनेशनल स्कूल द्वितीय और के

दैनिक
भास्कर

जोधपुर 29-02-2024

विद्याश्रम में निवेश जागरूकता संबंधी कार्यशाला आयोजित



जोधपुर। विद्याश्रम इंटरनेशनल स्कूल में आज इन हाउस वर्कशॉप का आयोजन किया गया। अंजू शमशेर सिंह और मुख्य वक्ता चारवी सिंह ने बताया कि जीवन में बचत और निवेश के बीच सामंजस्य रखते हुए भविष्य की योजनाओं के बारे में बताया। एचडीएफसी फंड के असिस्टेंट वाइस प्रेसिडेंट और क्लस्टर हेड नयन नामदेव ने निवेश के श्रेष्ठ विकल्पों की जानकारी दी। एचडीएफसी के राहुल सिंघल ने निवेश संबंधित जिज्ञासाओं का शमन किया। प्राचार्या डॉ. भारती स्वामी ने कार्यशाला को उपयोगी बताया। अंत में बीना शर्मा व दीनदयाल शर्मा ने धन्यवाद दिया।

विद्याश्रम इंटरनेशनल स्कूल: निवेश जागरूकता संबंधी कार्यशाला आयोजित

नवज्योति/जोधपुर। विद्याश्रम इंटरनेशनल स्कूल में बुधवार को इन हाउस वर्कशॉप का आयोजन किया गया। निवेश का महत्व दर्शाने वाली इस कार्यशाला के माध्यम से अर्क निवेश की मुखिया अंजू शमशेर सिंह और मुख्य वक्ता चारवी सिंह ने शिक्षकों से जीवन में बचत और निवेश के बीच सामंजस्य रखते हुए भविष्य की योजनाओं की जानकारी दी। इसके साथ ही एचडीएफसी फंड के असिस्टेंट वाइस प्रेसिडेंट और क्लस्टर हेड नयन नामदेव ने निवेश के



श्रेष्ठ विकल्पों की जानकारी दी। इसके साथ ही एचडीएफसी फंड्स के डिस्ट्रिब्यूशन फाइनैस मैनेजर राहुल सिंघल ने जागरूक निवेशक के रूप में शिक्षकों की निवेश संबंधित जिज्ञासाओं को शांत किया। प्राचार्या डॉ. भारती स्वामी ने वर्तमान परिपेक्ष में बचत और निवेश को जीवन की गाड़ी के दो पहिए बताते हुए उनकी आवश्यकता और महत्व की दृष्टि से कार्यशाला को काफी उपयोगी बताया। कार्यक्रम के रूपरेखा बदलते हुए वक्ताओं का परिचय बीना शर्मा व धन्यवाद दीनदयाल शर्मा ने दिया।

कैडेट्स ने भरी माइक्रो लाइट विमान में पहली उड़ान

नवज्योति/जोधपुर। भारतीय वायु सेना को टेग लाइन टच द स्काई विश्व ग्लोरी के साथ जूनियर विंग कैडेट्स के लिए माइक्रो लाइट फ्लाईंग का आयोजन किया। एयरविंग एनसीसी के कर्मांडिंग ऑफिसर विंग कमांडर पुष्कर यादव के साथ सह-पायलट के रूप में विभिन्न स्कूलों के लगभग 10 कैडेट्स ने मंगलवार को माइक्रो लाइट विमान में अपनी पहली उड़ान भरी। 4 राज एयर स्क्वाड्रन एनसीसी के कर्मांडिंग ऑफिसर विंग कमांडर पुष्कर यादव ने कहा कि आने वाले दिनों में अन्य सभी कैडेट्स को भी उनके साथ सह-पायलट के रूप में उड़ान भरने का अवसर मिलेगा ताकि वे भारतीय वायु सेना में वायु योद्धा के रूप में शामिल होने के लिए



प्रेरित हों। प्रभारी अधिकारी फ्लाईंग, एसोसिएटेड एनसीसी अधिकारी हितेश राजेंद्र ने वे विमान के विभिन्न भागों और एक विमान को नियंत्रित करने वाली कंट्रोलिंग सरफेस को जानकारी दी। सार्जेंट विकास और सार्जेंट संजय ने उड़ान से पहले और बाद में किए जाने वाले सुरक्षा उपायों की मानक संचालन प्रक्रिया के बारे में बताया। विंग कमांडर पुष्कर यादव ने उड़ान के दौरान एक

विमान के सभी नियंत्रणों, एटीसी के रोल, वायु क्षेत्र और इसकी कार्यप्रणाली के बारे में समझाया। शिविर स्थल पर एएमआई और एसोसिएटेड एनसीसी अधिकारी हितेश राजेंद्र ने वे डेटों के लिए एक एयरोमांडलिंग क्लास भी आयोजित की गई। कक्षा में कैडेटों को एयरोमांडल और विमान को उड़ान के पीछे की अवधारणा के बारे में बताया गया। कैडेटों को भौतिकी के विभिन्न नियम जो एक विमान के उड़ने के पीछे काम करते हैं जैसे लिफ्ट और थ्रस्ट के बारे में रोचक उधारणों के माध्यम से समझाया। आने वाले दिनों में कैडेट्स को रेंज फायरिंग का भी अनुभव दिया जाएगा।

एनसीसी कैम्प में विजेताओं को पुरस्कार

विभिन्न प्रकार के सांस्कृतिक कार्यक्रम प्रस्तुत किए गए। विभिन्न गतिविधियों के विजेताओं को पुरस्कृत किया गया। 4-राज एयर स्क्वाड्रन एनसीसी के कर्मांडिंग ऑफिसर विंग कमांडर पुष्कर यादव ने बताया कि सेंट पेट्रिक्स स्कूल को सभी क्षेत्रों में उत्कृष्ट प्रदर्शन का खिताब मिला। विद्याश्रम इंटरनेशनल स्कूल भी विभिन्न श्रेणियों में सर्वाधिक पुरस्कार विजेता रहे। कैम्प का संचालन सीनियर यादव ने किया गया। विंग कमांडर यादव ने बताया कि प्रथमवर्षीय निरक्षर छात्रों को धन्यवाद दिया। कैम्प में सेंट एनुइटे जेडस्कूलों के विमान, सार्जेंट विकास, सार्जेंट हरीश सिंह, कोपल गौरव, कोपल उषा, कोपल रवि और कोपल प्रकाश अंता का योगदान रहा।



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